

Michael R. Loughhead, Ed.D.,  
Superintendent



Rebecca J. Cunningham, Ed.D.,  
Assistant Superintendent

January 6, 2023

Dear Hampton Elementary School Families:

Please pass the word along to your friends and family – 2023 Kindergarten registration has begun!

Information regarding Kindergarten registration will be published in the local paper and placed on the HTSD Website ([www.ht-sd.org](http://www.ht-sd.org)). In the meantime, please spread the word to neighbors who may be new in the community or to those without children currently enrolled in the Hampton Elementary Schools. Registering on time is important so that the District can plan appropriately for the number of students who will be attending school in the fall.

Registration for Kindergarten and any first-grade students new to Hampton Schools will take place virtually. To register, please access the HTSD website [www.ht-sd.org](http://www.ht-sd.org). Within the District tab, click the "About" Tab. Access the "Moving to Hampton" tab. Once there, families will find instructions for 2023 Kindergarten registrations under "Register My Child." Upload completed packets and documentation to the appropriate elementary school.

*All families are encouraged to complete the online registration process by February 3rd.*

Children ready to enter Kindergarten should be five years old by August 15, 2023. First graders should be six years old by August 15, 2023. A birth certificate or other acceptable evidence of birth and proof of Hampton residency (closing papers, lease agreement, rent receipt or residency form AND utility bill, cable bill, paid wage tax receipt, driver's license, guardianship form, or court order) are necessary before children can be enrolled. Proof of immunization is necessary as well.

Parents of children who do not meet the above-mentioned age requirements must submit a written request for early admission to the building principal by April 15, 2023. This request should state reasons why early admission to school is appropriate for the child, including information and test data from the school(s) he or she may have attended previously. Admission will be based upon the recommendation of the school in which the student seeks enrollment and the authorization of the Principal and Superintendent.

Thank you for sharing this important information with the Hampton Community. If you have any questions, please reach out to Central Elementary Principal, Dr. Amy Kern, at 412-492-6320; Poff Elementary Acting Principal, Dr. Michael Silbaugh, at 412-492-6335; or Wyland Elementary Principal, Dr. Laurie Tocci, at 412-492-6345.

Sincerely,

Rebecca J. Cunningham, Ed.D.  
Assistant Superintendent

/jwh



## Wyland Spring Book Fair: February 27 - March 3, 2023

Dear Wyland Families,

Our Spring Scholastic Book Fair will begin on Monday, February 27!

Individual classrooms will browse and shop all week – Monday, 2/27 through Friday, 3/3.

The Book Cafe Family Night will be held Thursday, March 2 from 5:00 - 7:45 PM. Refreshments and activities will be part of this fun evening. We invite you to browse all the wonderful books and items available as a family!

Attached is a list of some of the special books and items featured in this book fair. Many other titles and items will also be available. Proceeds from this event benefit Wyland Elementary School, our PTO, the school library, and individual classrooms.

PLEASE NOTE: A change has been made to eWallet. If you set up an eWallet for your student(s) and they use it at the book fair, any leftover money will not be returned to your credit card. The left-over money can be used at future book fairs or on Scholastic orders. See attachment for more information on setting up your eWallet.

Children who bring in cash must have it in a clearly marked envelope with the child's name and room number. Checks should be made payable to "Wyland PTO." Adults only may pay by credit card. **Please remember that we are required to collect tax on all purchases.**

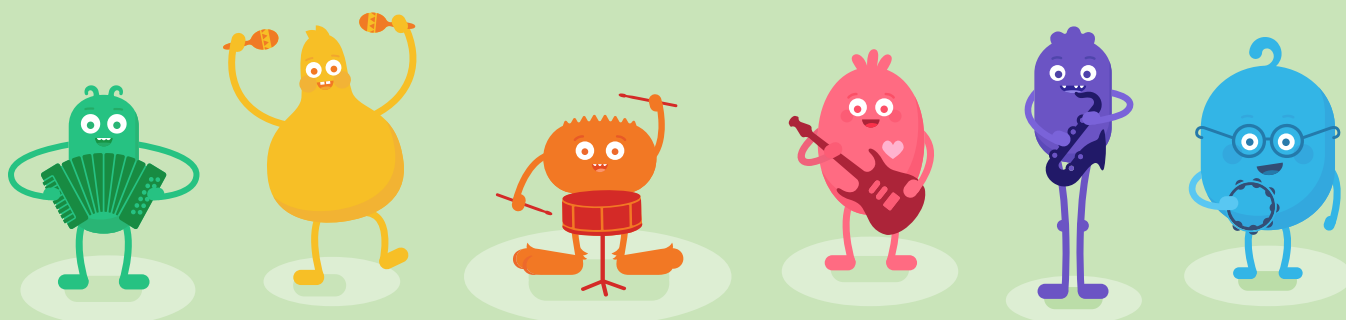
Sales made online during this time also add to our proceeds. Please follow this link:

<https://bookfairs.scholastic.com/bf/wylandelementaryschool4>

Each classroom teacher will be invited to create a "wish list" of books for their classroom that may be purchased by families. These are found at the book fair in small bins marked with the teacher's name. You may select a book from the bin, purchase it, and place a label inside the book, so the teacher knows who provided the book for them.

Many volunteers are needed to help our Book Fair run smoothly. Keep an eye out for the sign-up genius. Thank you for supporting the PTO and our Book Fair! If you have questions, please contact Melinda Barbiaux at [melindabarbiaux@gmail.com](mailto:melindabarbiaux@gmail.com).

Your Wyland PTO



## Grades K-5 Digital Citizenship Curriculum Letter to Parents

Dear parents and caregivers,

Your child is taking part in classroom lessons from **Common Sense Education**. Common Sense helps kids learn the habits and skills they need to use technology safely and responsibly in school, at home, and beyond.

### WHAT IS DIGITAL CITIZENSHIP?

Kids today may seem like experts at using technology, but the digital world requires all kinds of skills and habits that kids don't just pick up as they go. Digital citizenship helps them learn those skills.

The Common Sense lessons help kids in grades K-2 develop healthy media habits and learn how to be safe online. Lessons for kids in grades 3-5 continue to focus on screen time and online safety. Older kids also learn about how to recognize cyberbullying, what is and isn't OK to share online, and how to find credible news and information.

### WHAT FAMILIES CAN DO

Common Sense Education provides resources to help you support your kid's learning. As we teach these lessons in class, we'll be sending home tip sheets, videos, and activities for you to do with your kids. You can visit the Common Sense website at [www.commonsensemedia.org](http://www.commonsensemedia.org) for more.

Please feel free to contact us if you have any questions. Working together with Common Sense Education, we can prepare today's kids to think critically and use tech in positive, creative, and powerful ways.

Sincerely,

To learn more about Common Sense Education's tools and resources, visit [www.commonsense.org/education](http://www.commonsense.org/education).

# Help Kids Balance Their Media Lives

From phones and tablets to streaming movies and YouTube, tech and media are everywhere. Kids love easy access to shows, games, and information. Parents and caregivers love that kids can learn on the go (and stay busy when dinner's cooking). But it's easy to overdo it when the phone never stops pinging and the next episode plays automatically. Families can keep media and tech use in check by following a few simple practices.

## Check out these 5 tips

1

### **Create screen-free times and zones.**

Help kids take breaks from tech by limiting screen time in bedrooms, during study time, or at the dinner table.

2

### **Try parental controls.**

Set content limits that make sense for your family. Alongside conversations about healthy media habits, use features such as content filtering, privacy settings, and time limits offered by the apps and platforms your family uses to help manage access and exposure to media.

3

### **Establish clear family rules.**

Decide together what kind of media and tech is OK -- and when it's OK to use it. A family media plan can help get everyone on the same page.

4

### **Watch and play together.**

Choose quality, age-appropriate media to enjoy with your kids. Visit [commonsensemedia.org](https://commonsensemedia.org) to find shows, games, and more.

5

### **Help kids identify healthy behaviors.**

Practice talking about feelings -- both physical and emotional -- during screen and non-screen activities.



# Media Balance Is Important

## **Good news:**

Your kid is learning about media balance! What does that mean? They're learning to ...

- "Pause for people" and stop using devices when someone wants to talk.
- Know when it's time to move their bodies and go outside to play.
- Turn off screens before bedtime.
- Ask before they use a device, and stay on trusted sites and apps.
- Listen to their feelings and tell an adult if something makes them uncomfortable.

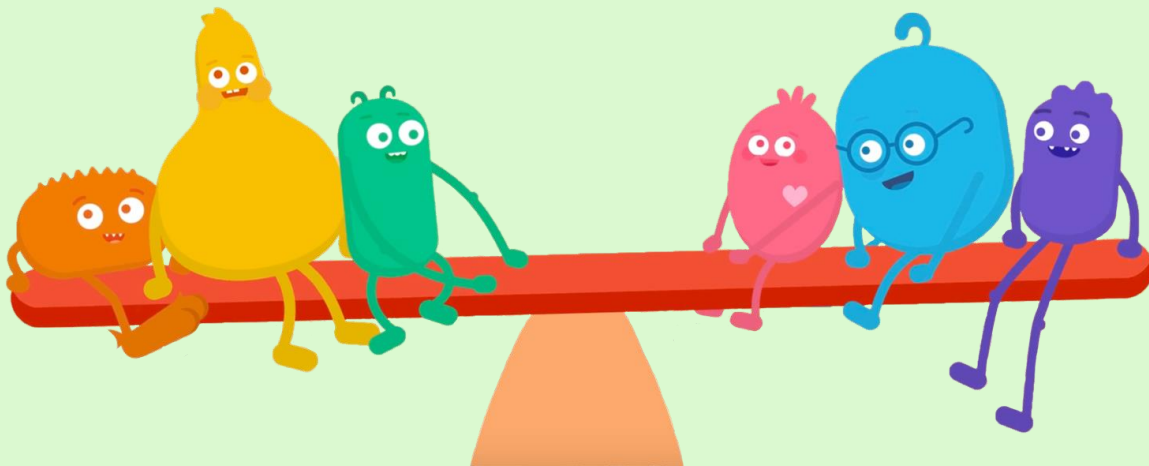


Check out the music video featuring our favorite digital citizenship friends!  
Watch it together (turn on captions so you can see the lyrics), and sing along!

<https://www.commonsense.org/education/videos/balance-is-important-video>


## Now talk about this together:

1. What was your favorite part of the song and why?
2. How can we work together to have media balance as a family?
3. What would that look like? You can even draw a picture that shows your whole family practicing media balance!



Text the word **kids** to the phone number **21555** to get free weekly tips on healthy media habits.  
Message and data rates may apply. STOP to unsubscribe.

# Pause & Think Online

 There are lots of things to think about when it comes to being a responsible digital citizen. At school your kid is learning all about it, and now they can show you what they know! They're learning to ...

- Pause and think before searching, clicking, or sharing.
- Be kind online.
- Find balance using media and tech.
- Pay attention to their feelings to make sure they feel safe and know when to stop.
- Stand up to online bullies.
- Carefully choose the digital footprints — like posts, pictures, and comments — they leave behind.



Check out the music video featuring our favorite digital citizenship friends!  
Watch it together (turn on captions so you can see the lyrics), and sing along!

<https://www.common sense.org/education/videos/pause-think-online>

## Now talk about this together:

1. What was your favorite part of the song? Why?
2. What's your favorite character? Why?
3. What are some ways you can do what your favorite character does?
4. What could be hard about it, and how would you keep going anyway?



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# We the Digital Citizens



The internet can be fun, but it also requires responsibility, so your kid is learning how to be a safe, strong digital citizen! What does that mean? They're learning to ...

- Find fun, cool stuff online.
- Set limits on how much time they spend online.
- Keep personal information — like their phone number and address — private.
- Pause and think before searching, clicking, and sharing.
- Ask before they go online.
- Pay attention to their feelings and ask for help when they feel scared or confused about something they see online.

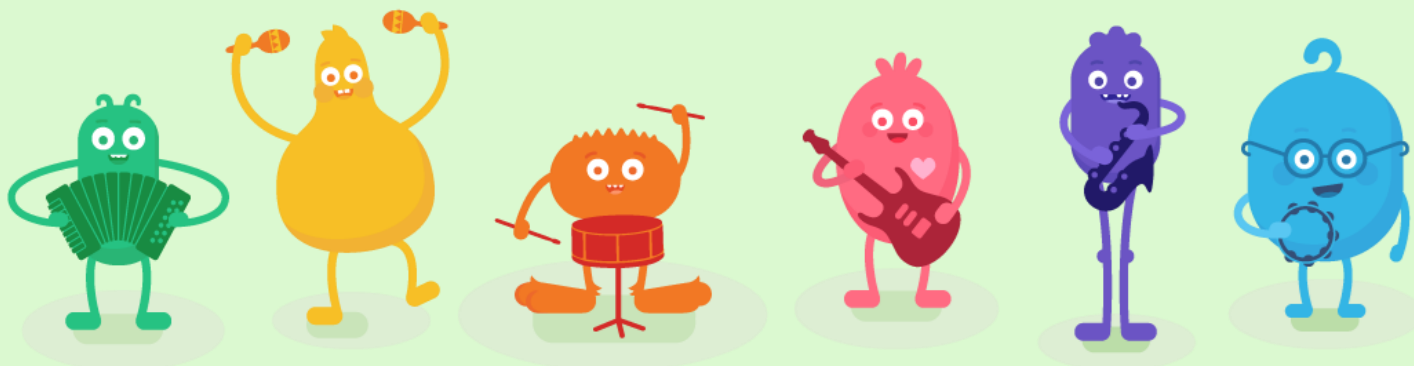


Check out the music video featuring our favorite digital citizenship friends!  
Watch it together (turn on captions so you can see the lyrics), and sing along!

<https://www.common sense.org/education/videos/we-the-digital-citizens>

Now talk about this together:

1. What was your favorite part of the song? Why?
2. What rules do we have about using apps and going online?
3. What sites are OK to use?
4. What are the time limits? Make a list of safe sites and apps and your rules to put in a place where your whole family can see it!



Text the word **kids** to the phone number **21555** to get free weekly tips on healthy media habits.

Message and data rates may apply. STOP to unsubscribe.

# Media Balance & Well-Being



MEDIA BALANCE & WELL-BEING

We find balance  
in our digital lives.

Digital citizenship: Thinking critically and using technology responsibly to learn, create, and participate



## Instructions

It's important to stay aware of how our on-screen and offscreen activities fit into our lives. Do a media balance checkup on your family. Get one or more family members together to help. Read the setup before doing the activity together!



## Setup

**Read aloud:** We balance the food we eat to stay healthy. We also need to balance our media use. Media includes the shows and videos we watch, the video games and apps we play, and the music we listen to. Let's answer questions to see if our media use is balanced. Then we can decide if we want to make some changes.



## Activity

**Read aloud:** Let's answer these questions together.

- Do digital devices (phones, tablets, TV) ever keep us from getting enough sleep?
- Do we use them while we eat?
- Do we do activities together without devices?
- Do we ever use them together?
- Does our digital device use ever cause fights? If so, what are the fights about?
- When we use our devices, how is it fun? What do we learn?
- Is there anything we want to change about how we use our devices? If so, what?

Does the way your family uses media feel balanced and healthy? Give a thumbs up or thumbs down. Does your family agree? If you want to make changes, what are they? Think of changes that work for the whole family since you're all on the same team!

Learn more ways to find balance in your digital lives at [commonsense.org/family-tips-on-media-balance!](https://commonsense.org/family-tips-on-media-balance!)





Inspire yourself.  
Empower others.

**COACH  
WITH GOTR!**

Girls on  
the run

## COACHES:

- Believe in the inherent power of girls**
- Have a desire to help girls learn, grow and have fun**
- Want to leave a lasting impact on the girls in their community**
- Can be from within or beyond your site or community**
- Receive inclusive training and on-going support**
- Do NOT have to be runners or athletes**

## COACH RESPONSIBILITIES:

- Serve as a role model to girls
- Completes National Coach Training (new coaches)
- Obtains and submits necessary clearances
- Works with co-coaches to work through curriculum as intended
- Is present and prepared for practice (90 minutes 2x/week for 10 wks)
- Participates in the Girls on the Run celebratory event

**LEARN MORE AND REGISTER AT [WWW.GOTRMAGEE.ORG/COACH](http://WWW.GOTRMAGEE.ORG/COACH)**

Dear Fifth Grade Parents,



The yearbook staff would like to include a “Guess Who?” baby picture of each of the fifth graders. If your student would like to participate, please EMAIL a photo of your child, labeled with their full name.

All photos should be sent via email to Melinda Barbiaux at [melindabarbiaux@gmail.com](mailto:melindabarbiaux@gmail.com) by Monday, February 6th.

\*I will respond to your email so that you know that I got it!\*

Thank you!





# NEW HAMPTON KINDERGARTEN DAISY TROOP

Troop 50921 is currently accepting new Kindergarten Daisies!

Click  HERE to Sign Up

with the Girl Scouts of Western PA



**Future Girl Scout and her Parent/Guardian, join our meeting on  
Monday, Feb. 6th, 2023 - arrival begins at 4:15p, meeting 4:30p - 5:45p  
Hampton High School Teacher Lounge (enter from the cafeteria  
where the first grade troop meets!)**

Please email [troop50921@gmail.com](mailto:troop50921@gmail.com) to let us know that  
you plan to attend or if you have any questions!



# PLAY SOCCER !

## HAMPTON SOCCER CLUB

SPRING 2023 REGISTRATION DETAILS:

**OPEN:** Monday January 16 at 8:00am

**CLOSE:** Monday January 30 at 11:59pm\*

*\*Please do not wait - wait-list (team roster restrictions) and late fees will apply after regular registration time period*

**Birth years  
2003 to 2018**

- Spring season runs from late March to early June (weather dependent)
- Fun, recreational competition; u11+ opportunities for more competitive 'Travel' experience (roster size / commitment dependent)

**[HamptonSoccerClub.org/registration](https://HamptonSoccerClub.org/registration)**





***BOYS YOUTH  
LACROSSE  
REGISTRATION  
IS NOW OPEN!***



**BOYS GRADES K - 8**

**Information & Registration:**

<https://sites.google.com/view/boys-hylax/home>



Questions: Call/Text 412.818.6409



# STEEL CITY LAWN EXPRESSIONS

WE DECORATE, SO YOU CAN CELEBRATE



BIRTHDAY ● ANNIVERSARY ● HOLIDAY

Order any yard sign rental from  
<https://www.steelcitylawnexpressions.com/>  
and enter **Wyland Elementary** in the school  
box on the order form. Our PTO will receive  
\$10 from each order placed.



Get Started

PROMOTION RUNS THROUGH JUNE.



# January/February 2023 Elementary School Lunch Menu



Hampton Township School District

Monday

Tuesday

Wednesday

Thursday

Friday

9

Chicken Patty on a Bun  
Or  
Alternate Entree

Choice of Milk

Baked Beans

10

Chicken Soft Taco  
Or  
Alternate Entree

Choice of Milk

Steamed Corn

11

Pasta with Meat Sauce and a Breadstick  
Or  
Alternate Entree

Choice of Milk

Steamed Green Beans

12

Cheeseburger on a Bun  
Or  
Alternate Entree

Choice of Milk

Steamed Broccoli

13

Big Daddy's Pizza  
Or  
Alternate Entrée

Choice of Milk

Ranchero Carrots

## Lunch Prices

Lunch \$2.50

Reduced Lunch \$0.40

Adult \$3.75

ALL ENTREES Include:  
FRUIT + VEGETABLES + MILK

\*MENU IS SUBJECT TO  
CHANGE BASED ON  
PRODUCT  
AVAILABILITY

16

No School  
PDD/Clerical Day

17

Nacho Grande  
Or  
Alternate Entree

Choice of Milk

Steamed Corn

18

Toasted Cheese  
Or  
Alternate Entrée

Choice of Milk

Tomato Soup

19

Macaroni and Cheese  
Or  
Alternate Entree

Choice of Milk

Steamed Peas

20

Homemade Cheese Pizza  
Or  
Alternate Entrée

Choice of Milk

Steamed Green Beans

23

BBQ Ribby on a Bun  
Or  
Alternate Entree

Choice of Milk

Baked Beans

24

Pierogi Meal  
Or  
Alternate Entree

Choice of Milk

Side Garden Salad

25

Mini Corn Dogs  
Or  
Alternate Entrée

Choice of Milk

Steamed Green Beans

26

Beef Soft Taco  
Or  
Alternate Entree

Choice of Milk

Steamed Corn

27

Big Daddy's Pizza  
Or  
Alternate Entree

Choice of Milk

Steamed Broccoli

30

Cheeseburger on a Bun  
Or  
Alternate Entree

Choice of Milk

Sweet Potato Puffs

31

French Toast Sticks/Sausage  
Or  
Alternate Entree

Choice of Milk

Potato Triangles

1

Chicken Mashed Potato Bowl  
Or  
Alternate Entree

Choice of Milk

Steamed Corn

2

Hot Dog on a Bun  
Or  
Alternate Entree

Choice of Milk

Baked Beans

3

Homemade Cheese Pizza  
Or  
Alternate Entree

Choice of Milk

Cheesy Cauliflower

6

Meatball Hoagie  
Or  
Alternate Entree

Choice of Milk

Smiley Fries

7

Beefaroni/Garlic Bread  
Or  
Alternate Entree

Choice of Milk

Steamed Peas

8

Yogurt Parfait with Cheese Stick and Belly Bears  
Or  
Alternate Entree

Choice of Milk

Red Pepper Strips

9

General Tso's Chicken with Rice  
Or  
Alternate Entree

Choice of Milk

Steamed Broccoli

10

Big Daddy's Pizza  
Or  
Alternate Entree

Choice of Milk

Steamed Corn

## Daily Alternative Entrees

#2 Peanut Butter and Jelly  
with a Cheese Stick

#3 Talbot Salad with Dinner  
Roll (Ham & Cheese Cups)

#4 Chicken Tenders with a  
Dinner Roll

## Daily Fruit & Vegetable Choices

Choices May Include:

(Local Choices Available in Season)  
Apples, Bananas, Grapes, Oranges, Apple  
Sauce, Cinnamon Apple Sauce, Mixed Fruit,  
Mandarin Oranges, Peaches  
Baby Carrots, Broccoli, Cauliflower,  
Cucumbers, Celery, Spring Salad  
100% Fruit Juice Also Available Daily

## rBST Hormone Free Milk

1% White

Fat Free Choices May Include:  
White, Chocolate, Vanilla & Strawberry  
Lactaid White Milk Available Upon  
Request

Menu is subject to change.



USDA is an equal opportunity provider and employer.



## To the Families of Hampton Township School District

### Free Breakfast

The PA. Department of Education has announced that **free breakfast** will be available for every student attending school beginning October 3, 2022. The breakfast must be consumed at school and is not available for pickup based on the guidelines established by the PA. Department of Education.

Please encourage your student(s) to take advantage of the free breakfast program that will be in effect through the remainder of this school year.

**Please note that lunch falls under the current guidelines regarding payment based on your eligibility.**

Please feel free to contact the Food Service Department at 412-492-6390 or the school office if you have any questions.



Two Woodland Drive. Dallas, PA 18612 ph: 800.675.2499 • metzculinary.com

8274 Blaikie Court, Sarasota, FL 34240 • ph: 941.554.4701