## Mindfulness Club for Kids (MC4K)

In this after school program, students in grades 2-5 will learn about mindfulness. Elementary School Counselors, Mrs. Kinney and Mrs. Maley, will help students to build mindfulness skills. Mindfulness is the awareness of one's present state, emotions, and surroundings. This program will help students learn to focus on the present, strengthen their self-control, be aware of their surroundings, be aware of their emotional state, and accept themselves for who they are. Each week students will participate in various fun mindful activities such as: create a Mindfulness Bottle, practice relaxation poses, play fun mindfulness games, and learn about positive self-statements that they can use in their everyday lives.

This after school club will be held from 3:45-4:45 at <u>Central Elementary</u> on the following **MONDAYS: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25.** Registration is \$50 per student and includes all materials and instruction. If paying by check, please make it payable to "**Melissa Maley**."

To register, please send the completed form (below) with payment to your child's school office in an envelope labeled **"School Counselor- After School Club."** All registrations should be sent to school by **Thursday**, **9/9**. Please email any questions you may have to <u>maley@ht-sd.org</u> or <u>kinney@ht-sd.org</u>. *If the cost is prohibitive*, please contact Mrs. Maley or Mrs. Kinney with any questions.

\*We will continue to follow all school mitigation strategies .\*This activity is offered as an additional opportunity for students and is not sponsored by the Hampton Township School District.

Student's name:	Parent / Guardian's name:
Grade:	Phone:
School:	Email:

My child has my permission to attend the Mindfulness Club for Kids on the dates listed above, and I will make the necessary transportation arrangements.

Parent / Guardian signature

## Wyland Spirit Wear Order Form

This is a great opportunity to promote Hampton Spirit and shop for the holidays. **NO ORDER WILL BE PROCESSED AFTER FRI, SEPT 17TH, 2021**. Please make sure to specify size for each item. **NO REFUNDS OR EXCHANGES** 

**PAYMENT METHOD** - Cash, check or Venmo must be paid for us to finalize your order. Checks made payable to Wyland PTO. Venmo payment to @WylandElementary-PTO



Student Name(s):				
Grade(s):	Teacher(s):			
Parent/Guardian Name:				
Email:	Phone:			



ITEM	QTY	PRICE	TOTAL	
GOLD CINCH PACK		\$12		
NAVY CINCH PACK		\$12		
DESCRIPTION: Constructed of strong, durable nylon, this staple is perfect for everyday use • 210 denier nylon • Dyed-to-match drawcord closures • Dimensions; 16.5"h x 14.5"w				

ITEM	QTY	PRICE	TOTAL			
GROCERY TOTE		\$10				
DESCRIPTION: This reusable grocery tote features a square bottom to sit upright. Double-stitched seams and reinforced handles add durability. • 100 gram, 100% polypropylene • Self-fabric handles • Dimensions: 15.5"h x 13"w x 8"d						

PAYMENT CAN BE MADE BY CASH, CHECK OR USING VENMO (If you pay by venmo, indicate spiritwear)

	CASH CHECK	VENMO to WylandElementary-PTO
_	TOTAL ITEMS TO	TAL AMOUNT PAID



	SIZE (CIRCLE)	CIRCLE COLOR	QUANTITY	PRICE	TOTAL	
HAMPTON	S M L XL	ROYAL BLUE T GOLD T		\$10		
DESCRIPTION: GIRLS/BOYS   Gildan® - Youth Heavy Cott 100% Cotton T-Shirt   S=6/8, M=10/12, L=14/16, XL=18						
	tallyots V					

#### **DESIGN 2 - YOUTH TSHIRT**

	SIZE (CIRCLE)	CIRCLE COLOR	QUANTITY	PRICE	TOTAL
HAMPTSN TALEOTS	S M L XL	ROYAL BLUE T GOLD T		\$10	
	HAMPTON TALBOTS			Gildan® - Youth He =6/8, M=10/12, L=14,	

### **DESIGN 3 - YOUTH TSHIRT**

	SIZE (CIRCLE)	CIRCLE COLOR	QUANTITY	PRICE	TOTAL
Talkots	S M L XL	ROYAL BLUE T GOLD T		\$10	
				Gildan® - Youth He =6/8, M=10/12, L=14,	
	alle s	,			

#### ORDERS DUE TO THE WYLAND OFFICE BY FRI, SEPT 17th



ITEM	SIZE	QTY	PRICE	TOTAL	
YOUTH SHORTS S-XL			\$13		
DESCRIPTION: Youth PosiCharge® Competitor <sup>™</sup> Pocketed Short   Our lightweight, unlined short with pockets wicks moisture and locks in colors. • 3.8-ounce, 100% polyester interlock with PosiCharge technology • Removable tag for comfort and relabeling • Elastic waistband •No drawcord • Side pockets • 9-inch inseam   S=6/8,					

## YOUTH (BOY/GIRL) HOODED SWEATSHIRT

M=10/12, L=14/16, XL=18/20



	SIZE (CIRCLE)	COLOR	QUANTITY	PRICE	TOTAL
	S M L XL	ONLY IN ROYAL BLUE		\$28	
DESCRIPTION: GIRLS/BOYS   Sport-Tek® Youth Sport-Wick® Fleece Hooded Pullover. 5.5-ounce, 100% polyester. No drawcord at hood. Taped neck. Self-fabric cuffs and hem. Front pouch pocket S=6/8, M=10/12, L=14/16, XL=18/20					at hood.

ADULT UNISEX SWEATSHIRT								
	SIZE (CIRCLE)	COLOR	QUANTITY	PRICE	TOTAL			
	S M L XL	ONLY IN ROYAL BLUE		\$35				
talloots	2XL	ONLY IN		\$37				
	3XL	ROYAL BLUE		\$39				
	1							

DESCRIPTION: Sport-Tek® Super Heavyweight Pullover Hooded Sweatshirt

DESIGN 1 - ADULT LADIES TSHIRT								
	SIZE (CIRCLE)	COLOR	QUANTITY	PRICE	TOTAL			
HAMPTON	S M L XL	ONLY IN ROYAL BLUE		\$12				
	2XL	ONLY IN ROYAL BLUE		\$14				

#### **DESIGN 2 - ADULT LADIES TSHIRT**

TALBOTS	SIZE (CIRCLE)	COLOR	QUANTITY	PRICE	TOTAL
	S M L XL	ONLY IN ROYAL BLUE		\$12	
	2XL	ONLY IN ROYAL BLUE		\$14	

DESCRIPTION: Gildan® - Ladies Ultra Cotton® 100% Cotton T-Shirt

DESIGN 1 - ADULT MENS TSHIRT									
	SIZE (CIRCLE)	COLOR	QUANTITY	PRICE	TOTAL				
HAMPTON	S M L XL	ONLY IN ROYAL BLUE		\$11					
	2XL 3XL	ONLY IN ROYAL BLUE		\$13 \$15					

#### **DESIGN 2 - ADULT MENS TSHIRT**

····	SIZE (CIRCLE)	COLOR	QUANTITY	PRICE	TOTAL
TALBOTS	S M L XL	ONLY IN ROYAL BLUE		\$11	
	2XL 3XL	ONLY IN ROYAL BLUE		\$13 \$15	

## **ATTENTION CREATIVE THINKERS!**

### Hampton Township Schools want you to join:





#### Why Odyssey of the Mind is Good for Students ...

Odyssey of the Mind teaches students to learn creative problem-solving methods while having fun in the process. By tapping into creativity, and through encouraging imaginative paths to problem-solving, students learn skills that will provide them with the ability to solve problems -- great and small -- for a lifetime. Odyssey of the Mind teaches students how to think divergently by providing open-ended problems that appeal to a wide range of interests. Students learn how to identify challenges and to think creatively to solve those problems. They are free to express their ideas and suggestions without fear of criticism. The creative problem-solving process rewards thinking "outside of the box."

#### In Odyssey of the Mind ...

- Students develop team-building skills by working in groups of as many as seven students per team.
- Students learn to examine problems and to identify the real challenge without limiting the possible solutions and their potential success.
- The creative thinking process is nurtured and developed as a problem-solving tool.
- Students of all types will find something that will appeal to them.

#### Who Can Participate ...

All students in kindergarten through 12<sup>th</sup> Grade are invited to join Odyssey of the Mind! Teams will be formed for K-2, 3-5, 6-8 and 9-12. Sign-up online here: <u>https://htsdodysseyofthemind.weebly.com/student-sign-up.html</u>

#### To Learn More ...

- Read the letter below for more information from Dr. Bennett, Hampton Township Odyssey
  of the Mind Coordinator
- Visit the Odyssey of the Mind website at <u>www.odysseyofthemind.com</u>
- See your enrichment coordinator
- Join us for a kick-off event at **HMS Auditorium at 6:30 PM on Wednesday, September 8** to solve spontaneous problems together as a family!



Dear HTSD Families,

Hampton Township Odyssey of the Mind would like to invite interested students to register for an <u>Odyssey of the Mind</u> team problem solving activity again this year. Odyssey of the Mind teams work together to creatively solve spontaneous verbal and hands-on challenges as well as one long-term problem per season. Participants learn team building skills and develop their own talents and creative thinking skills to present a unique solution to a posed problem. Teams will be organized by grade (K-2, 3-5, 6-8 and 9-12) and meetings will be scheduled based on the coaches' availability. Teams will have between 3-7 members and may have a tournament registration fee of no more than \$60 per team member depending on individual contributions, PTO support, and corporate sponsorships. The time commitment is September through February (or through May if teams advance to states and worlds), with one to two-hour meetings at least two times a month (times to be set by the coaches),

Regional Tournament date is TBD March 2021 (usually the first Saturday in March) and students may have possible trips to the State Tournament and Worlds Tournament in April and May respectively. The tournament schedule will be posted on <u>www.wpaodyssey.org</u>. You are encouraged to look at the Odyssey of the Mind website, <u>www.odysseyofthemind.com</u> and look over this year's problem synopses with your child to decide if this is something they might want to participate in. K-2 students have the option of participating in the Primary Division problem, which is a non-competitive division that does their performance at the regional tournament without advancing to the state or world tournaments.

We can have as many teams as we have parent volunteer coaches. Parents who volunteer to coach will be guaranteed their child's spot on a team. After that, if we do not have enough coaches per student ratio, a lottery will be held to determine the remaining team members. Because Odyssey of the Mind usually has a coaches' training scheduled for the first Saturday in November, we need to form teams and begin meeting as soon as possible. I will hold a brief coaches' training for new and returning district coaches before team meetings begin in the last couple of weeks of September. **Please fill out the sign-up form online by Wednesday, September 15, in order to sign up to participate this year. No money is due at sign-up.** The Hampton Township Odyssey of the Mind Association works hard each year to make sure any Hampton student who wants to participate in the program may do so with little to no cost. There may be travel costs for families of teams advancing to state or world tournaments.

If you have any questions about the program, please contact us at <u>HTSDOotM@gmail.com</u> or visit our website. Here is the sign-up form link <u>https://htsdodysseyofthemind.weebly.com/student-sign-up.html</u>.

Thank you, Mary Lynne Bennett HTSD OotM Coordinator



Dear Parents and Guardians,

Welcome to dining services with Metz Culinary Management at Hampton Township School District for the 2021-22 school year. We look forward to providing the highest level of service to your child(ren) this year.

## Hampton Township School District will be providing free meals to all students in all buildings during the breakfast and lunch periods.

We are actively preparing for how food service will operate on a day-to-day basis in the new school year, and are working with the District administrators each step of the way. Metz Culinary Management wants to assure you that our primary concern is the **safety** of all involved. We are committed to the highest level of sanitation, safety, and service. You can expect the following from our highly trained, professional team members:

- Our team members will practice social distancing during our shifts and service.
- We will require frequent handwashing.
- Our team members will work diligently on disinfecting tables and high touchpoints in the cafeteria and work areas.

In addition to the safety measures listed above, Metz Culinary Management will continue to use deposit envelopes for the students and staff to assist with the safe method of making payments. Students and parents will have access to these envelopes and of course you can still make electronic payments, which is encouraged. The deposit envelopes are to be filled out and handed to a cashier in the cafeteria in the morning or in the cafeteria line during lunch. The cashier will deposit those funds in the account later in the day and no change will be given, which will greatly assist with keeping physical contact to a minimum.

Our menu options will be prepared to the highest safety standards and will include a variety of fresh fruits and vegetables, whole grain breads, and an entrée, sandwich, or salad selection that your child will love while providing them with nutritious meal.

We are proud of our relationship with Hampton Township School District and are honored and proud to serve your child(ren). Please feel free to contact me with any questions or concerns.

Sincerely,

Mindy Baginski Food Service Director 412-492-6390



Two Woodland Drive. Dallas, PA 18612 ph: 800.675.2499 • metzculinary.com 8274 Blaikie Court, Sarasota, FL 34240 • ph: 941.554.4701



# GREAT LEARNING CONVERSATIONS

You're invited to the Great Learning Conversations! The Kidsburgh team is excited to be co-hosting these public conversations with eleven school districts in the greater Pittsburgh area. We want to hear from parents and caregivers on what they feel is the purpose of a child's K-12 journey. And we'll ask: How can schools and communities best partner with families? We'll also share survey and research highlights from The Brookings Institution and HundrED, as well as school-parent engagement ideas from local parents identified through IDEO's human-centered design process. Join us in this conversation as we remake learning together for our kids.

## Hampton parents and caregivers are invited to join us for a special evening!

Guest speakers from The Brookings Institution join us virtually to share research findings on what parents believe is the purpose behind their child's K-12 education and how parent support can influence that journey. Then, let's brainstorm together on how

schools and communities can better support parents in their child's educational success.

DATE: Thursday, September 23, 2021 TIME: 6:00-7:15PM WHERE: Hampton Middle School Library RSVP: <u>https://bit.ly/GLC\_Hampton</u> HAMPTON TRANSIE

ALL EVENTS ARE FREE AND OPEN TO THE PUBLIC. REGISTRATION IS REQUIRED. Visit: <u>Kidsburgh.org/topic/parenting-resources</u>

HOSTED BY:





PARTNERS:

hundr*ED* 





POWERED BY



SUPPORTED BY:

GRABLE



## 1<sup>st</sup> Annual HAEE Day Friday, September 24th

**OBJECTIVE:** Drive student and staff awareness of HAEE as more than just annual 5K Race host. Secondary objective is to drive signups for the 2021 race on October 9<sup>th</sup> at Hartwood Acres.

**IMPORTANCE:** A day celebrating innovation allowing teachers to recognize each other's cross-curricular creativity, multi-grade level & multi-school cooperation showcasing Hampton students as the biggest winners.

#### **BUILDING OWNERS:** Team of grant recipients and principal

#### **EVENT SUGGESTIONS:**

- Students and staff to wear old race shirts
- Building Scavenger Hunts
- Use as writing prompt or math exercise
- Student video contest
- Vote on building "Top 10 Grants"
- Race sign-up events
- Engage Student Council
- Utilize HAEE Student Liaisons' help

#### PUBLICIZE EVENT:

- Daily announcements
- Principal/school newsletters
- Weekly teacher newsletters or websites
- Social Media posts

For help or to share your ideas, please contact President@HamptonAlliance.org

19TH ANNUAL HOMECOMING **TALBOT TAILGATE** FRIDAY, OCTOBER 1, 2021

### HAMPTON MIDDLE SCHOOL BACK PARKING LOT 3:30 PM - 7:00 PM

HOMECOMING GAME BEGINS AT 7:00 PM against Greensburg Salem



SHIRT FRONT

T-Shirts are PRE\_ORDER only Order forms are due:

Due to printing time line orders will NOT be accepted after due date NO EXCEPTIONS

Free Shuttle Bus Service from Hampton High School Parking Lot Beginning at 3:30 Pm

## A Beautiful Day in the Neighborhood

Mr. Rogers

SHIRT BACK

Shirt prices: Youth and Adult Short Sleeve \$20

Youth and Adult Long Sleeve \$30

ADULT 2 X AND 3 X add \$5 orders due September 14 by 3:30pm Checks payable to HHS PTO

FOOD MUSIC GAMES MASCOT CONTEST FUN FOR ALL

FOOTBALL GAME TICKETS will be available for purchase online

> STUDENT TICKET \$2 ADULT TICKET \$7

student tickets will be \$2 until 6 pm , after that all tickets are \$7

Like Us on Facebook: Hampton Township Tailgate



## A Beautiful Day in the Neighborhood

Mr. Rogers

Shirt Back

Shirt Front

2021 commemorative T-shirt will be Royal and White lettering on the front and Royal lettering on the back, on a Light Grey 100 % cotton shirt.

ALL SHIRTS ARE PREORDER ONLY- no orders taken after due date

Short-Sleeved Shirts\$20100% cottonLong- Sleeved Shirt \$30100% Cotton

\*\*\* Add additional \$5.00 for XXL, XXXL

Please return order form to any HTSD school office by, September 14 at 3:30 pm

#### ALL SCHOOLS MAIN OFFICES.

#### Contact Liz Perrone with any questions 412-848-3735

Please mark SHORT-Sleever Youth		to each size orde LONG –sleeve: Youth	red: YS YM Y L		
SHORT-Sleever Adult L		2X add \$5 3X add \$5	Long Sleeve: Adult	S M L XL	2X add \$5 3X add \$5
Total # of <b>Sh</b>	ort-Sleeved S	hirts @ \$ 20			
Total # of <b>Lo</b>	ng-Sleeved Sh	irts @ \$30		payabl	e to: HHS PTO
Total Enclose	ed \$	Please c	heck CASH	or ENTER	CHECK #
	der forms avai ARE PREORD		D Web Site: <u>ww</u>	w.htsd.k12.pa.i	<u>us</u>
Parent/Guar	dian Name:		Pho	ne:	
Student Nam	e:		Grade:	Homeroom:	



## HHS CHEERLEADERS

#### PRESENT

## 2021 FOOTBALL CHEERLEADING CLINIC

WHO: Hampton Township Students in Kindergarten through 5th grade

**WHAT:** Learn cheers taught by the HHS cheerleaders, then cheer at the varsity football game Friday September 17<sup>th</sup>

WHEN: Tuesday September 14<sup>th</sup> 6:30-8:00 pm Hampton High School Gym

Wednesday September 15th 6:30 – 8:00 Hampton High School Gym

Friday September 17th 6:00 Hampton Middle School and Fridley Field

COST: \$40 for 1 child / \$65 for 2 children / \$90 for 3 children

(fee includes snacks, certificate of participation, t-shirt, hair bow, paw print tattoo, and pom poms for game night)

QUESTIONS? Contact Kerri Lange at lange@consolidated.net or 412-417-3240

\*\*\*\*FORMS MUST BE IN BY SEPTEMBER 7<sup>TH</sup> IN ORDER TO HAVE SHIRTS IN TIME FOR THE GAME\*\*\*\*

Please submit the bottom portion of this form along with check made payable to <u>HHS Cheerleading Boosters</u> to your school office or mailed to Kerri Lange 3064 Camberly Dr. Gibsonia, PA 15044 no later than September 7<sup>th</sup>.

ONE FORM PER CHILD

.....

My child \_\_\_\_\_\_\_(please print legibly first and last name) has my permission to participate in the HHS Football Cheer Clinic on September 14, 15, and 17, 2021 at Hampton High School and Fridley Field. I understand the HHS Cheerleaders, Coaches, or Cheer Boosters will not be responsible for any injuries that might occur.

		Parent Name (print)						
# Email				School				
nd with	whom you	'd like to che	er					
			(we					
SIZE	(circle)	YS (6-8)	YM (10-12)	YL (14-16)	AS	AM	AL	
ES OR A	ANY OTHER	R INFORMAT	'ION				_	
	nd with	Email_ nd with whom you SIZE (circle)	Email nd with whom you'd like to che SIZE (circle) YS (6-8)	Email nd with whom you'd like to cheer (we SIZE (circle) YS (6-8) YM (10-12)	EmailSchool nd with whom you'd like to cheer (we will try our best to acc SIZE (circle) YS (6-8) YM (10-12) YL (14-16)	Email School School Network where School (we will try our best to accommodate SIZE (circle) YS (6-8) YM (10-12) YL (14-16) AS	Email School School School School School (we will try our best to accommodate)	

## Labels for the stuff kids lose!

Be sure to label all your gear and supplies to help keep them out of the Lost & Found. Shop for durable, personalized labels and support our fundraiser!

mabel's labels

dock (P

Jock

Jack

Jock

1

Jack

6

Visit campaigns.mabelslabels.com to support our organization.



## Hampton Youth Wrestling Registration is OPEN!!

Wrestling is the perfect sport for your child to develop confidence, strength and self discipline AND is great for children of all ages.

Practices will begin in November at the Middle School.

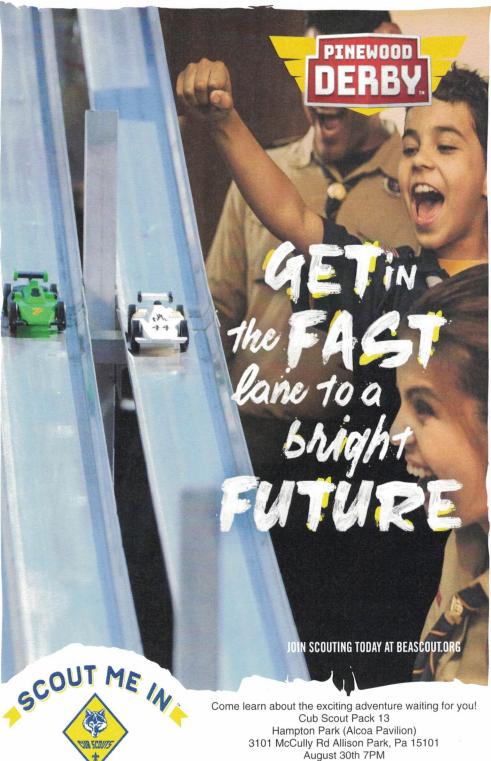
Registration Fees: \$200 first wrestler, \$100 for 2nd wrestler, any additional are FREE (within the same family). Register BEFORE 10/1 and save \$25! Financial aide is available as needed.

Sign up through the website: www.hamptonwrestlingassociation.com/Registration or contact us today with any questions! talbotswrestling@gmail.com

Not sure? Give it a try for <u>FREE</u> for the first 2 weeks!!







August 30th 7PM Contact: Josh Snyder joshua.a.snyder@gmail.com



## High-quality health care coverage from CHIP helps keep kids strong

#### CHIP COVERS

- Routine check-ups
- Prescriptions
- Hospitalization
- Dental
- Eye Care
- Eyeglasses
- Behavioral care
- Specialty care
- More

CHIP covers uninsured kids up to age 19 in Pennsylvania. It doesn't matter why your kids don't have health coverage right now; CHIP may be able to help. Most kids receive CHIP for free. Others can get the same benefits at a low cost.

CHIP is brought to you by leading health insurance companies who offer quality, comprehensive coverage.

There is no limit on income. If your income is below CHIP guidelines, your child may be enrolled in Medical Assistance.

### APPLY/RENEW

CHIPcoversPAkids.com • 800-986-KIDS



## ¿Necesita cobertura médica para sus hijos?

ron

#### CHIP CUBRE

- Chequeos de rutina
- Recetas médicas
- Hospitalización
- Servicios dentales
- Cuidado de la vista
- Anteojos
- Salud del comportamiento
- Atención
  especializada
- Mucho más

CHIP cubre a niños sin seguro hasta los 19 años en Pennsylvania. No importa cuál sea la razón de que sus hijos no tienen cobertura médica ahora; CHIP puede ayudarle. La mayoría de niños reciben CHIP gratis. Otros pueden obtener los mismos beneficios a un bajo costo. CHIP es traído a usted por las principales compañías de seguros médicos que ofrecen cobertura de calidad e integral.

Si sus ingresos son menos de las pautas indicadas por CHIP, su hijo podría ser inscrito en Asistencia Médica.

